Every Monday since 1995 SexTalk has answered questions about sex and relationships from UA students. Here are some of the persistent myths that we often hear:

**MYTH:** If I go to Campus Health for birth control, my parents will find out.

**FACT:** If you are 18 or older, your medical records are confidential and protected. Your parents cannot access them without your written permission.

**MYTH:** I heard ASU has its very own STD. Is that true?

**FACT:** Wildcats get the same sexually transmitted infections that afflict Sun Devils. The top 3 at UA are chlamydia, HPV, and herpes.

**MYTH:** Peeing after sex keeps you from getting an STD.

**FACT:** Sorry, urine won’t prevent herpes, chlamydia, HIV, or other STDs. Peeing after sex might help avoid a urinary tract infection, so it is a good idea to take a trip to the bathroom after sex.

**MYTH:** Mountain Dew shrinks your testicles and lowers sperm count.

**FACT:** Good news: NO. Bad news: Mountain Dew is not male birth control—it’s just caffeinated sugar.

**MYTH:** You can’t get pregnant the first time you have sex.

**FACT:** First time, tenth time, 100th time—it doesn’t matter. Young adults and teens are at their peak fertility.

**MYTH:** Oral sex isn’t really “sex,” so it’s safe, right?

**FACT:** Oral sex increases your risk of sexually transmitted infections like herpes, chlamydia, and gonorrhea.

**MYTH:** Women can’t get pregnant when they are “on top,” right?

**FACT:** Fertile females get pregnant in all kinds of positions (read the Kama Sutra for ideas).

Wildfact

UA Campus Health offers many sexual health products and services: STD testing and treatment, condoms, the “morning after pill,” HPV vaccine, birth control, etc. And, Campus Health protects your privacy—if you Bursar any charges, your statement will simply read: “Student Health Charge.”