

**EXECUTIVE SUMMARY** 

YEARS of quality care at the UA

**HEALTH.ARIZONA.EDU** 





CELEBRATING OVER



#### our vision...

We strive to create a safe, respectful, and healthy community for University of Arizona students and others we serve through our commitment to high standards of care and our collaboration with community partners.

#### our mission...

To promote health, wellness, and safety among the students and community we serve.

#### main location

Highland Commons 1224 E. Lowell St. Tucson, AZ 85721



# **WHO WE ARE**

The Campus Health Service promotes health, wellness, and safety at The University of Arizona through the provision of:

- Quality outpatient medical care
- Professional mental/behavioral health services
- Innovative health education and prevention programs
- Consultation to Faculty, Staff, and Administrators
- Expert assistance in the development of health-related policy and emergency response planning for the university

Our staff is diverse, highly credentialed, and experienced in their respective specialties.

Campus Health is proud to have provided over 100 years of quality care and service. We were the first college health service to be nationally accredited. Our ongoing accreditation by the Accreditation Association for Ambulatory Health Care (AAAHC) assures that we meet the highest professional standards.

We offer a comprehensive array of services to Arizona students, as well as a number of offerings for faculty and staff. Appointments and walk-in visits are available Monday through Friday, with on-call medical and mental health providers available 24/7.

Campus Health also recognizes that there are times when a student's health needs are first noticed by parents, faculty/staff, or other concerned parties. Two programs, established by Counseling & Psych Services (CAPS), meet these needs. The award-winning "Parents Matter" program assists parents who have concerns about their student's emotional or behavioral health. The "Call & Consult" program provides similar consultation for faculty, staff, and others.



## **PROVIDING SERVICE**

#### Services Offered at Campus Health:

- General Medicine
- Counseling and Psych Services (CAPS)
- Health Promotion and Preventive Services (HPPS)
- Triage & Walk-in Services
- Women's Health
- Sports Medicine
- Physical Therapy
- Orthopedics
- Immunizations
  Travel Clinic
- Massage Therapy
- Nutrition Services

- Oasis Sexual Assault and Trauma Services
- Pharmacy
- Clinical Laboratory
- Radiology Unit (X-Rays)
- Medical Referrals
- CAPS Online Services
- CAPS After Hours Phone Line (Crisis Counseling)
- Satellite Clinics (McKale, Lowell Stevens)
- CAPS Yuma Hall Satellite Clinic
- CAPS North District Clinic

#### The Campus Health Service also contributes to the health, wellness, and safety of the greater university community through:

- Medical and Mental Health Crisis Response
- Threat Assessment and Management
- Mental Health and Suicide Risk Assessment
- Suicide Prevention Training
- Emergency Preparedness Planning
- Pandemic Management and Response
- Mass Immunization
- Public Health Initiatives and Campaigns
- Student and Employee Education and Training
- Research and Evaluation
- Stress Reduction & Mindfulness Programs
- Collegiate Recovery Program



Our strength in research and evaluation has also allowed us to obtain external funding for the development of innovative health promotion programs for the college population. Since 2000, we have received a total of 20 state and federal grants in the areas of substance abuse, interpersonal violence, and suicide prevention totaling \$8.1M. Our substance abuse prevention efforts have garnered national recognition from both the U.S. Department of Education and the Substance Abuse and Mental Health Services Administration (SAMHSA).





# CAMPUS HEALTH

# PROMOTING HEALTH AND LEARNING

Campus Health provides critical medical, behavioral health, and prevention services that help Arizona students remain in school. We see health and wellness as part of the foundation of academic success.

As another part of our academic mission, the Campus Health Service provides professional training and other educational opportunities to students from a variety of colleges, departments, and programs at Arizona. These include:

- Preceptorships for Medicine, Nursing, Nurse Practitioner, and Pharmacy students
- Medical Resident and Sports Medicine Fellowship trainings

- Internships for Nutrition, Psychology, Psychiatry, Public Health, Social Work, Media Arts, and Eller College students
- Course instruction and guest lectures for a number of colleges, including the College of Medicine, the College of Public Health, Nutritional Sciences, and the Eller College
- Research collaborations across campus
- Campus presentations and educational events addressing a wide variety of health and mental health topics
- Employment opportunities for students, which enhance their professional development

# **COLLABORATIONS**

As part of our commitment to fostering health and safety, Campus Health is actively engaged in creating partnerships across campus.

A few of our key campus partners include:

- The Dean of Students Office
- Campus Recreation
- Housing and Residential Life
- Student Unions
- Fraternity and Sorority Programs
- University of Arizona Police Department (UAPD)
- Student VETS Center
- Women and Gender Resource Center (WGRC)
- LGBTQ Affairs
- Arizona Cultural Centers
- Office of Global Initiatives
- Parking and Transportation
- Athletics
- College of Fine Arts; School of Dance

- ROTC
- Office of Scholarships and Financial Aid
- University of Arizona Emergency Medical Services (UEMS)
- Arizona Active Minds
- Center for English as a Second Language (CESL)
- Student Health Advocacy Committee (SHAC)
- Student Health Insurance Advisory Committee (SHIAC)
- Graduate & Professional Student Council (GPSC)
- Health & Recreation Fee Student Advisory Board

Acknowledging that many of the issues that impact our students do not begin or end at the campus boundaries, Campus Health is also connected in meaningful ways to the wider community at the state and local levels:

- Pima County/Tucson Commission on Addiction Prevention and Treatment
- Arizona Department of Behavioral Health Services
- The Arizona Institutions of Higher Education Network
- Southern AZ Center Against Sexual Assault (SACASA)



# **CONCLUSION**



Thank you for your time and interest in Arizona Campus Health Service.

We look forward to serving you!

The Campus Health Service takes great pride in the contributions we make to The University of Arizona community. Our services have helped countless students remain at Arizona and reach their full potential. Our clinical care has consistently earned high satisfaction ratings from our patients. Additionally, the instructional and mentorship programs we provide have enriched the education and professional development of graduate, undergraduate and professional students. For over 100 years, the Arizona Campus Health Service has made our campus community a safer and healthier place to learn, live, and work.



For more information please visit our website at: health.arizona.edu



# ARIZONA CAMPUS HEALTH Impact Statement

#### **PATIENT SATISFACTION**

2019 CHS Patient Satisfaction Survey (n=472)

of students said they would recommend **Campus Health** 



to a friend.

rated their overall experience of Campus Health an 8, 9, or 10 (best).

# **TOP 5 REASONS FOR VISITS**

- 1. STD Screening
- 2. Immunization
- 3. Anxiety
- 4. Depression
- 5. Cough

## **GRANT FUNDS**

#### **4 CURRENT GRANTS:**

Opioid & Poly-Drug Use Prevention, Student Recovery, Project Lifeline Suicide Prevention, Partnership for Success (Alcohol & Marijuana Prevention)

- Total current grant funding = \$2.1 M
- Total grant funding secured since 2000 = **\$8.1 M**

#### **HIGHLIGHTS**

- 2004: CHS begins using **Electronic Health Records**
- 2010: Moved from state/ tuition partial funding to Health & Recreation Fee
- 2016: Implemented patient preferred name
- 2016-Present: Travel/Immunization Clinic and CAPS utilization is at an all-time high
- **2018:** Celebrated 100 years of quality health care and service to the UA



• 2019: Opened Counseling & Psych Services' CAPS North in the Honors Village

## **HEALTH & WELLNESS**

2019 Health & Wellness Survey (n=4,879)

**OVER HALF** of all Arizona students have used Campus Health.

said Campus Health's services helped them remain a student at Arizona.



## **ARIZONA CAMPUS HEALTH SERVICE (CHS)**

promotes health, wellness, and safety at The University of Arizona by providing quality medical and mental health care, outstanding health education, and health-related policy development.

## **CHS VISIT NUMBERS**

(JULY 1, 2018 - JUNE 30, 2019)



Total visits to 68,569 all CHS clinics



27,224 **Prescriptions filled** 



**Counseling & Psych** 20,305 Services (CAPS)





14,584 **General Medicine** 



**Immunization** 8,053 & Travel Clinic



6,166 Women's Health



13,814 Lab tests



Physical Therapy 2,104



1,494 X-rays taken



**Health Promotion** 

**Sports Medicine** 

20,000+ **Encounters** 

3,228

### **ACCOLADES**

1st fully accredited college health service in the nation in 1978 and continuously accredited since



Ranked in the top 3% for Best **Health Services** 5 years running by



(The Best 385 Colleges: 2020 Edition)

### **STUDENTS SAY...**

"Campus Health has done so much for me, it's an incredible service provided by UA."

"Very reliable and caring. Love that when I come here they don't treat you like just another patient."

"Always easy, friendly, comfortable, and fast."





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