

Build & Discover Curriculum Quick Look AY 2026



**CAMPUS
HEALTH**

Internship Cohort Survey (N=4)

Build & Discover

As part of Campus Health's year-long Senior Public Health Internship Program with the Health Promotion department, interns engage in the weekly Build & Discover curriculum, complementing their practical coursework and internship experience. It includes exploring personal values, developing professional skills, and reflecting on how these elements intersect. This multidisciplinary curriculum is built around three pillars, providing an innovative, holistic, and immersive educational experience.

3 Foundational Pillars



Personal Growth

Professional Development

Connection



100%

Strongly agreed they would **recommend** Build & Discover to another Public Health Senior



4.9

Average rating of Build & Discover



100%

Indicated Build & Discover **added value** to their internship experience



100%

Strongly agreed that the facilitators showed an **investment in their learning**

"I really enjoy this opportunity... I have grown so much professionally and personally. All the skills and experiences gave me a chance to have a strong foundation going into the workforce. I feel more confident and knowledgeable in my work ethics and I approach both professionally and personal responsibilities. I have developed a stronger understanding of what it means to be dependable, organized and intentional in my work. I am more aware of how my actions, communication, and attitude contribute to a professional environment and I feel better prepared to apply these skills in future opportunities" -Student Intern

"My greatest takeaways from Build and Discover this year was growth, being willing to learn from every experience, and being aware of your own skillset so you know how you can add to a team...I also loved that we got the opportunity to learn more practical skills like building resumes, setting boundaries, and managing conflict. Those lessons will stick with us forever and will help us to succeed professionally, but also in our everyday lives." – Student Intern



100%

Found the topics covered in Build & Discover to be **relevant to them as an intern** in Health Promotion at Campus Health



100%

Found the topics covered in Build & Discover to be **relevant for a future profession**



Build & Discover successfully addressed all three core pillars, demonstrating strong program efficacy and meaningful contribution to participants' internship experience.

Because of the Build & Discover Series, Interns Strongly Agree They Are More:

88%



Self-aware (personality traits, strengths, etc.)

88%



Confident in their ability to use knowledge & skills in a professional role

100%



Confident in their ability to connect with others

"Build and Discover allowed me to develop and touch up on many skills. I love the connection it allowed me to make with my preceptors and with the other interns. I enjoyed how we had time to talk about the importance of these skills and how we can apply to our everyday lives." – Student Intern

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