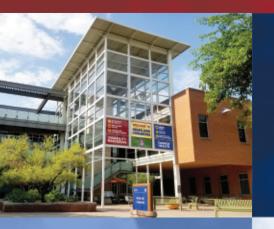


**EXECUTIVE SUMMARY** 

YEARS of quality care at the UA

**HEALTH.ARIZONA.EDU** 





CELEBRATING OVER



### our vision...

We strive to create a safe, respectful, and healthy community for University of Arizona students and others we serve through our commitment to high standards of care and our collaboration with community partners.

#### our mission...

To promote health, wellness, and safety among the students and community we serve.

### main location

Highland Commons 1224 E. Lowell St. Tucson, AZ 85721



## **WHO WE ARE**

Campus Health promotes health, wellness, and safety at The University of Arizona through the provision of:

- Quality outpatient medical care
- Professional mental/behavioral health services
- Innovative, award-winning health education and prevention programs
- Consultation to Faculty, Staff, and Administrators
- Expert assistance in the development of health-related policy and emergency response planning for the university

Our staff is diverse, highly credentialed, and experienced in their respective specialties.

Campus Health is proud to have provided over 107 years of quality care and service. We were the first college health service to be nationally accredited. Our ongoing accreditation by the Accreditation Association for Ambulatory Health Care (AAAHC) assures that we meet the highest professional standards.

We offer a comprehensive array of services to Arizona students, as well as a number of offerings for faculty and staff. Appointments and same-day visits are available Monday through Friday, with on-call medical and mental health providers available 24/7.

Campus Health also recognizes that there are times when a student's health needs are first noticed by parents, faculty/staff, or other concerned parties. Counseling & Psych Services (CAPS) has established Together We Care, a suite of resources that equips faculty, staff, and parents with free evidence-based trainings and services to help them support the mental health of their students.



## **PROVIDING SERVICE**

#### **Services Offered at Campus Health:**

- Counseling & Psych Services (CAPS)
- CAPS After Hours Phone Line (Crisis Counseling)
- CAPS North
- CAPS Online Services
- Crisis Mobile Team (UACMT)
- Health Promotion
- Immunizations
- Lab Testing
- LGBTQ+ Health

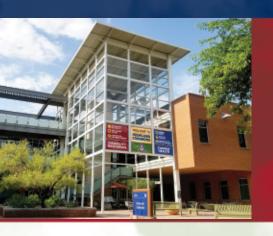
- Medical Referrals
- Nutrition Services
- Physical Therapy
- Primary Care
- Satellite Clinics (McKale, Lowell-Stevens)
- Sports Medicine
- Survivor Support Services
- Travel Clinic
- Urgent Care
- Women's Health
- X-Rav

# Campus Health also contributes to the health, wellness, and safety of the greater university community through:

- Medical and Mental Health Crisis Response
- Threat Assessment and Management
- Mental Health and Suicide Risk Assessment
- Suicide Prevention Training
- Emergency Preparedness Planning
- Pandemic Management and Response
- Mass Immunization
- Public Health Initiatives and Campaigns
- Student and Employee Education and Training
- Research and Evaluation
- Stress Reduction & Mindfulness Programs
- Collegiate Recovery Program
- Critical Incident Response Team (CIRT)



Our strength in research and evaluation has also allowed us to obtain external funding for the development of innovative health promotion programs for the college population. Since 2000, we have received a total of 24 state and federal grants in the areas of substance abuse, interpersonal violence, and suicide prevention totaling \$9.5M. Our substance abuse prevention efforts and mental health promotion efforts have garnered national recognition from both the U.S. Department of Education and the Substance Abuse and Mental Health Services Administration (SAMHSA).





# CAMPUS HEALTH

## PROMOTING HEALTH AND LEARNING

Campus Health provides critical medical, behavioral health, and prevention services that help UofA students remain in school. We see health and wellness as part of the foundation of academic success.

As another part of our academic mission, Campus Health provides professional training and other educational opportunities to students from a variety of colleges, departments, and programs at the UofA. These include:

- Preceptorships for Medicine, Nursing, and Nurse Practitioner students
- Medical Resident, Psychiatry Resident, and Sports Medicine Fellowship trainings
- Doctoral Level Psychology Internships

- Graduate and Undergratuate Internships for Nutrition, Psychology, Psychiatry, Public Health, Social Work, Counseling, Survivor Advocacy, Media Arts, and Eller College students
- Course instruction and guest lectures for a number of colleges, including the College of Medicine, the College of Public Health, Nutritional Sciences, and the Eller College
- Research collaborations across campus
- Campus presentations and educational events addressing a wide variety of health and mental health topics
- Employment opportunities for students, which enhance their professional development

## **COLLABORATIONS**

As part of our commitment to fostering health and safety, Campus Health is actively engaged in creating partnerships across campus.

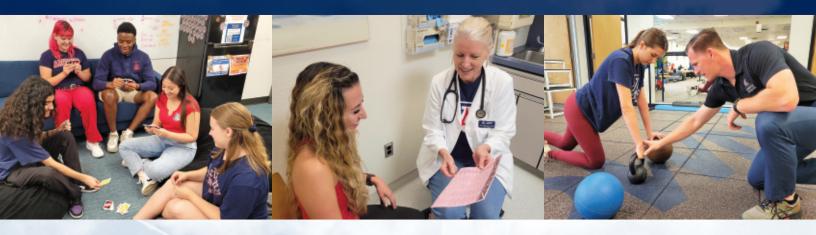
A few of our key campus partners include:

- Academic Colleges
- Associated Students of the University of Arizona (ASUA)
- Athletics, Adaptive Athletics & Club Sports
- Campus Community Connections
- Campus Recreation
- Center for English as a Second Language (CESL)
- Dean of Students Office
- Disability Resources (DRC)
- Fraternity and Sorority Programs
- Graduate & Professional Student Council (GPSC)
- Housing and Residential Life
- Office of Global Initiatives

- Office of Public Safety
- Parking and Transportation
- ROTC
- Student Unions
- Student VETS Center
- University of Arizona Emergency Medical Services (UEMS)
- University of Arizona Police Department (UAPD)

Acknowledging that many of the issues that impact our students do not begin or end at the campus boundaries, Campus Health is also connected in meaningful ways to the wider community at the state and local levels:

- Arizona Department of Behavioral Health Services
- Arizona Institutions of Higher Education Network
- Pima County/Tucson Commission on Addiction Prevention and Treatment
- Southern AZ Center Against Sexual Assault (SACASA)



## **CONCLUSION**



Thank you for your time and interest in Campus Health.

We look forward to serving you!

Campus Health takes great pride in the contributions we make to The University of Arizona community. Our services have helped countless students remain at Arizona and reach their full potential. Our clinical care has consistently earned high satisfaction ratings from our patients. Additionally, the instructional and mentorship programs we provide have enriched the education and professional development of graduate, undergraduate and professional students. For over 107 years, Campus Health has made our campus community a safer and healthier place to learn, live, and work.



For more information please visit our website at: health.arizona.edu

# **CAMPUS HEALTH** Impact Statement

### PATIENT SATISFACTION

2025 CHS Patient Satisfaction Survey (n=155)

of students said they would recommend **Campus Health** to a friend.



rated their overall experience of Campus Health an 8, 9, or 10 (best).

# **TOP 5 REASONS FOR VISITS**

- 1. Anxiety
- 2. Immunizations
- 3. STD Screening
- 4. Respiratory (Cough)
- 5. Depression

### **GRANT FUNDS**

### **3 CURRENT GRANTS:**

Project Lifeline Suicide Prevention, American Rescue Plan Act's Substance Use Block Grant, Higher Education Executive Officers Association & JED Foundation Learning Community (Mental Health Promotion)

Total grant funding secured since 2000 = \$9.5M

### **HIGHLIGHTS**

- 2016: Implemented patient preferred name
- 2016-Present: Travel/Immunization Clinic and CAPS utilization is at an all-time high
- 2018: Celebrated 100 years of quality health care and service to the UofA



- 2019: Opened Counseling & Psych Services' CAPS North in the Honors Village
- 2021: COVID-19 pandemic vaccination clinic oversight that administered 250K vaccines
- 2022: Opened Health Promotion Hideaway at Bear Down Gym
- 2024: Created University of Arizona Crisis Mobile Team (UACMT)

### **HEALTH & WELLNESS**

2025 Health & Wellness Survey (n=3,928)

**36%** of all UofA students have used Campus Health.

of student users said Campus Health's services helped them remain a student at the UofA.



#### **CAMPUS HEALTH**

promotes health, wellness, and safety at The University of Arizona by providing quality medical and mental health care, outstanding health education, and health-related policy development.

## **VISIT NUMBERS**

(JULY 1, 2024 - JUNE 30, 2025)



Total visits to all Campus Health clinics 51,058



**Counseling & Psych** 20,147 Services (CAPS)



10,861 **Urgent Care** 



**Primary Care** 7,868 & Specialty Clinics



**Immunization** & Travel Clinic 5,612



4,686 Women's Health



27,583 Lab tests 2,301 **Physical Therapy** 



1,281 X-rays taken



2,965 **Sports Medicine** 





13,939 Immunizations given

538



**Health Promotion** 25,000+ **Encounters** 

**Nutrition** 

**ACCOLADES** 

1st fully accredited college health service in the nation in 1978 and continuously accredited since



Ranked in the top 4% for Best Health Services 12 years in a row by



(The Best 391 Colleges: 2026 Edition)

### **STUDENTS SAY...**

"Excellent experience all around. Thank you for all you do to serve the university."

"Very reliable and caring. Love that when I come here they don't treat you like just another patient."

"Always easy, friendly, comfortable, and fast."





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