

Build & Discover Curriculum Quick Look

Build & Discover Academic Year 2025 Survey (N=4)



THE UNIVERSITY OF ARIZONA
**CAMPUS
HEALTH**

Build & Discover

As part of Campus Health's year-long Senior Public Health Internship Program with the Health Promotion department, interns engage in the weekly Build & Discover curriculum, complementing their practical coursework and internship experience. It includes exploring personal values, developing professional skills, and reflecting on how these elements intersect. This multidisciplinary curriculum is built around three pillars, providing an innovative, holistic, and immersive educational experience.

3 Foundational Pillars



Personal Growth

Professional Development

Connection



75%

Strongly agreed they would **recommend** Build & Discover to another Public Health Senior



4.5

Average rating of Build & Discover



100%

Indicated Build & Discover **added value** to their internship experience



88%

Strongly agreed that the facilitators showed an **investment in their learning**

"The Build & Discover series was very valuable to my internship experience and my college experience. I learned a lot of personal and professional skills that I could not only apply to the internship, but to my future career. Each session I came out with knowledge that I did not know before and I applied to future projects. I found these sessions really unique and something that is not found in other internships." – Student Intern

"I learned both personal and professional skills from Build & Discover. Personally, I have learned more about myself, my learning styles, how I manage conflict etc. Professionally, my skills have improved. I have improved my emails, phone calls and just over professionalism." - Student Intern



100%

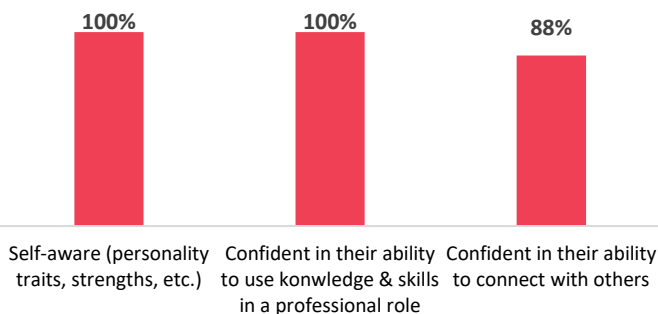
Found the topics covered in Build & Discover to be **relevant to them as an intern** in Health Promotion at Campus Health



63%

Strongly agreed that the topics covered in Build & Discover to be relevant for a future profession

Because of the Build & Discover Series, Interns Agree They Are More:



Build & Discover successfully addressed all three core pillars, demonstrating strong program efficacy and meaningful contribution to participants' internship experience.

"I liked discussing personal experiences the most this semester. Learning not just about one thing but about ourselves and our differences was enjoyable and helpful. Reflecting on my own experiences while also being able to learn from others is valuable." - Student Intern

Report Prepared By:

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