

ABOUT R.A.D.

Rape Aggression Defense Systems (R.A.D.) is a program of realistic self-defense tactics and techniques suitable for women of all ages and abilities. This comprehensive, women-only course includes awareness, prevention, risk reduction and avoidance, and the basics of hands-on defense training. All courses are taught by certified instructors and include simulated attack scenarios.

WHO CAN ATTEND

Female students, staff and faculty of The University of Arizona as well as women over the age of 14 in the Tucson community. (Participants under the age of 18 must have a completed Parental Consent form, which can be filled out upon payment).

HOW TO REGISTER

UA students, faculty, and staff: Checks, cash, credit cards, and charges to Bursar's accounts are accepted. Payments can be made at the Sports Medicine Desk, 1st floor of the Campus Health Service building. Credit card and Bursar's account charges must be completed in-person.

Non-UA participants: Checks, cash, and credit card charges are accepted. Payments can be made at the Sports medicine Desk, 1st floor of the Campus Health Service building. Credit card charges must be completed in person.

*Phone registrations not accepted

*Registration fees are non-refundable - rescheduling of sessions done as space permits.

SPACE IS LIMITED – SIGN UP EARLY

Please contact the Oasis Program for Sexual Assault and Relationship Violence with any questions or concerns.