



# Farmers' Market Tips

## What to Bring With You:

- ✓ Reusable bags with handles
- ✓ Cash in small bills (Sorry, Cat Cards not accepted)
- ✓ Water
- ✓ Sunscreen
- ✓ Your sense of adventure!

## Tips:

- ▶ Don't wait until the end of the market to shop because by then everything has been picked over.
- ▶ Check produce for soft spots and visible damage.
- ▶ If you are not going straight home keep a cooler with ice in the car to keep produce fresh.
- ▶ Ask to sample products before purchasing them.
- ▶ Buy produce at peak season- see the AZ Harvest Calendar on our website.
- ▶ If produce isn't completely ripe place it in a brown bag until it ripens.
- ▶ Store anything green in plastic bags in the refrigerator.
- ▶ Keep produce such as tomatoes, onions, peaches, nectarines, and apricots at room temperature.