

September 27, 2018

Dear Campus Health,

Congratulations on your 100th anniversary!

Over the years Campus Health has had a positive impact on the hundreds of thousands of students that have called themselves Wildcats. It is our honor to partner with you to support the health and well-being of those Wildcats.

Our work, to support the academic well-being of students, intersects in many ways. Campus health has partnered with us in the following ways:

- Workshops on Stress Management
- Finals Exam Preparation workshops
- Test Taking Anxiety workshops

In addition to partnering with us, Campus Health staff has provided us with inservice and training. They have shared their expertise and knowledge, in the following ways, so that we are better able to support our students:

- Training professional Learning Specialists on best practices for private meetings with students
- Suicide awareness for our student employees and professional staff
- How to make appropriate referrals

Campus Health's approach to wellbeing is one with which we can easily align. They believe students will make the best choices if they are given the chance and the knowledge to do so. It is a very success minded orientation and strengths-based approach.

Again, congratulations. We have enjoyed working together and look forward to another 100 years of working together to support Wildcat success.

Sincerely,



Dorothy A. Briggs
Director